Health Careers Exploration Camp

Live and learn about careers in health care, health, sport, and leisure on the beautiful Ithaca College campus located on Ithaca's South Hill overlooking Cayuga Lake. The School of Health Sciences and Human Performance is proud to sponsor the tenth annual HealthQuest residential camp!

Academic Program Highlights

- Ithaca College campus tour
- Athletic Training
- Physical Therapy
- Occupational Therapy
- Therapeutic Recreation
- Chiropractic
- Biomechanics
- Rock Climbing
- Gerontology
- Nutrition
- Pharmacy
- Speech Language Pathology
- Community Health/Health Education
- Emergency Medical Services
- Outdoor Adventure Leadership
- Massage Therapy

Special Accommodations

HealthQuest demands a wide range of active participation. We will make all possible accommodations for those participants with physical limitations. Students will work toward their own personal goals for improving fitness.

Evening Program Highlights

HealthQuest is packed with many hands-on activities highlighting a variety of health careers. There is also plenty of time scheduled for social events, including team-building games and races, a pool party, and an outdoor hiking adventure. Please be flexible; activities may change due to weather, scheduling of staff, or other unforseen circumstances!

Note: Ithaca College reserves the right to change the camp schedule as needed. The combination of programs may not be exactly as listed here. An up-to-date camp schedule will be available at the time of acceptance to camp.





July 11-15, 2016

Ithaca College Ithaca, NY

Application Deadline: May 6, 2016





The Central New York Area Health Education Center 17 Main St., Suite 237 • Cortland, NY 13045 Tel: 607-756-1090 • Fax: 607-756-1092 www.cnyahec.org

Supporting today's health care workforce... growing tomorrow's.

Health Careers Exploration Camp 2016

HealthQuest

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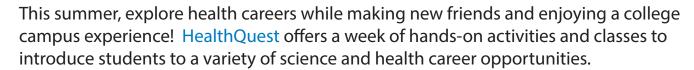
Q&A

July 11-15, 2016 Ithaca College, Ithaca NY

Application deadline: May 6, 2015

HealthQuest is a resident summer camp for Central New York students entering 10th, 11th,





At HealthQuest, you will:

- Explore a variety of health careers through interactive workshops
- Learn from health professionals and college instructors
- Identify the skills needed for careers in health care
- Discover existing science and research projects and participate in related activities
- Experience dorm living and campus life







ITHACA COLLEGE School of Health Sciences and Human Performance



Ithaca College's School of Health Sciences and Human Performance encompasses a community of learners who prepare health care, health, sport, and leisure professionals for lifelong practice and scholarship.

CNYAHEC, through collaborative efforts, improves access to quality health care by promoting improvements in the supply, training, development, and distribution of health professionals in a 14-county area.

What health careers will I learn about in HealthQuest?

The health careers covered in camp will highlight those health sciences programs offered at Ithaca College including, but not limited to, exercise science, athletic training, physical therapy, occupational therapy, therapeutic recreation, social work, speech language pathology, and more.

What if I want to attend camp, but don't see a health career I'm interested in at HealthQuest?

Contact CNYAHEC to find out more about summer programs at SUNY Upstate Medical University.

How much does HealthQuest cost?

The fee for camp is \$425 per student and includes all meals, housing and activities for the five days of camp. Scholarships are available based on need.

How do I apply for HealthQuest?

Students must submit the following:

- Application Form
- Short Answer Form
- Recommendation Form from a teacher or guidance counselor.

Please visit our website www.cnyahec.org to access the online HealthQuest application.

How are students selected?

A selection committee will review all applications. Acceptance notifications will be sent out in early June. Students not accepted into camp will be notified in mid June.

Where will I stay?

HealthQuest students will stay in a secure residence hall on the Ithaca College campus, and will be accompanied by camp staff at all times. Students are required to abide by all college housing rules. (Note: Activities will be held at Ithaca College as well as at other affiliated clinical sites in the Ithaca area. Transportation will be provided to all off-campus sites.)

Upon acceptance into HealthQuest, students will receive registration forms that are required to be completed before the student is officially registered for camp. The full camp fee is due at the time of online registration and is payable by credit card.

How many students will be accepted?

To keep activities hands-on and give personalized instruction, space is limited to 32 students.

What if I have more questions?

For more information about HealthQuest, contact Laura at info@cnyahec.org or call (607) 756-1090