



June 22nd, 2015

Welcome to the 2015 MASH Camp at Cayuga Medical Center!

This is your welcome packet to camp. The Central New York Area Health Education Center and Cayuga Medical Center are very excited to offer this camp to you and other young people in your area. It is our hope that you will have a fun, hands-on learning experience while at camp.

Enclosed is all the information you and your parents will need to make camp a great experience for you. You will receive a camp agenda on the first day of camp. Please read all of the enclosed information to be prepared for camp. If you have any questions or if you must cancel camp due to illness or emergency, please contact John North at (607) 756-1090 as soon as possible so that we can try to fit another camper in.

We look forward to meeting you at camp!

John North
Program Coordinator
CNYAHEC

Barbara Goodwin
Director Staff Development
Cayuga Medical Center

WHAT YOU NEED TO KNOW FOR CAMP

- On **June 30th** check in at camp by **8:00 am** prompt. Pick-up time is **4:15 pm**. On **July 1st** campers arrive at **8:00 am** and pick-up is at **4:15 pm**.
- The **drop-off and pick-up** site for campers is at the **main entrance**. Camp staff will be waiting in the lobby by 7:55 am. Look for the MASH Camp banner. Please be prompt to pick your campers, as they will not be left in the lobby unattended.
- **Directions:** See accompanying sheet
- Wear appropriate clothing that is easy to change in and out of. For safety reasons, all campers must wear closed-toed shoes (for example, sneakers). No sandals are allowed. No jewelry is allowed other than earrings. Campers will change into hospital scrubs upon arrival to camp. Many campers wear a nice tee shirt that they leave on under their scrubs. Scrubs will remain at camp for the next day. Please bring a plastic or paper bag to store your scrubs and clothing at camp. Identification tags will be provided for each camper to wear while at camp.
- Do not bring any valuables, cell phones, purses, backpacks, or money. The Medical Center or CNYAHEC will not be responsible for lost or stolen items.
- Breakfast, lunch, and snacks will be provided.
- The emergency phone number for parents is (607) 274-4321. Leave a message at this number if you will not be attending camp due to emergency or illness.
- Campers who cannot or do not follow the camp rules will be released from camp. In this case, a parent will be contacted for immediate pick-up of their child.

WEAR:

- Comfortable clothing
- Sneakers or shoes

DO NOT BRING or WEAR:

- Inappropriate or difficult-to-change clothing
- Sandals or jewelry,
- Valuables, purses, backpacks, cell phones
- Body-piercing jewelry, except earrings

BRING:

- A bag for your clothing
- Your welcome-packet information
- Something from home to x-ray** on the first day of camp only. *(This could be a stuffed animal, favorite toy, inexpensive electronic item, etc. No live animals!)*

Please bring any medications you need (these must be noted on your health form!).

CAMP RULES

We can all have fun at camp if we do the following:

1. Be respectful to camp staff, fellow campers, other hospital staff, patients, and all hospital property.
2. Be considerate of professionals at work and patients who are in the hospital for care.
3. Be quiet and well-mannered in the hallways.
4. Use appropriate behavior and language.
5. Address all camp staff as they request to be addressed.
6. Wear name tags and scrubs while at camp.
7. Follow the guidelines for what to bring and not to bring to camp.
8. Follow all hospital guidelines for safety, behavior, and confidentiality as covered in the orientation on Day 1.
9. Come willing to learn and have fun!!

**IN
THE
HOSPITAL**



Directions

Traveling from the North:

Traveling down the east side of Cayuga Lake – from Auburn and other areas: Take Route 13 South to Route 96. Turn right onto Route 96 North and go approximately 2.5 miles. Turn right at the traffic light into the CMC Campus.

Traveling down the west side of Cayuga Lake – from Geneva and other areas: Take Route 96 South to the CMC sign and turn left at the traffic light into the CMC Campus.

Traveling from the East:

From Dryden: Take Route 13 South to Route 96. Turn right onto Route 96 North and go approximately 2.5 miles. Turn right at the traffic light into the CMC Campus.

Traveling from the South:

Take Route 13 North and follow signs to Route 96. Turn left onto Route 96 North and go approximately 2.5 miles. Turn right at the traffic light into the CMC Campus.

From all directions:

Once on the CMC Campus, take the second left, and then the second right to the Main Entrance. Once inside, look for the green and white MASH Camp Banner.

2015 Cayuga Medical Center MASH Camp Schedule

June 30 Tuesday	
0755 - 0805	Parents Drop off Campers in Main Lobby
0800 - 0845	Welcome & Introduction with Breakfast
0845 - 0900	AHEC Introduction
0900 - 1600	Activities throughout the Hospital
1600 - 1615	Regroup/ Change (2nd floor classroom)
1615	Release to parents in Main Lobby
July 1 Wednesday	
0755 - 0805	Parents Drop off Campers in Main Lobby
0800 - 0830	Opening Activity and Breakfast
0830 - 0920	Activities throughout the Hospital
1530 - 1615	Wrap Up and Celebration
1615	Release to parents in Main Lobby